

Little Episodes....



Press Release

19 November 2010

***Little Episodes* creative workshops reach out to the community**

Little Episodes, the organisation that promotes the arts as a therapeutic tool and platform to incite empathy and understanding, is hosting a series of outreach creative workshops on 29 November and 1 and 3 December at the Contemporary Urban Centre in London Bridge.

These creative workshops are aimed at people who are currently in residential care, people who have recently left care or those wanting to discover their creative voice. Group sizes will be limited to 12-15 people to ensure that each participant will have the opportunity for as much involvement as they wish to have.

Lucie Barât, founder of *Little Episodes*, said: "These workshops are being run to help give vulnerable people the tools with which they can express their voice. You don't have to be what is perceived as 'talented', it is the chance to learn a new skill or develop a pre-existing skill."

The sessions will be split between creative writing and visual arts and be run by professional artists and writers. The course is free to all participants as are the materials that will be used throughout the day.

Lucie continued: "*Little Episodes* has two strands of work as an organisation, arts production and outreach. Both are about empowering the artist and giving opportunities that may not have been available in the past. As these austere times are upon us, these workshops are an opportunity for those people who feel that despite their problems, they have something to offer."

Places for the workshops are limited and you can register for the workshops online at <http://www.littleepisodes.org/outreach>

If you cannot make it to a workshop, then you can sign up to *Little Episodes* at <http://www.littleepisodes.org> and view the writing and art of others as well as submitting your own for exhibition on the interactive arts social network.

-ENDS-

Notes to editors

1. To arrange interviews with Lucie Barât, please contact:
dominic@littleepisodes.org
2. The outreach workshops will take place at: Contemporary Urban Centre London Bridge
Bankside
73-81 Southwark Bridge Road, London, SE1 0NQ.
3. For further information on *Little Episodes* outreach, please visit:
<http://www.littleepisodes.org/outreach>