

Little Episodes....



Press Release

14 October 2010

***Little Episodes* set to perform at the Arts and Minds Festival, Cambridge**

Little Episodes, the organisation that promotes the arts as a therapeutic tool and platform to incite empathy and understanding, are performing music and poetry at The Junction, Cambridge on 17 October.

The performances by *Little Episodes* will feature singer/songwriter Lucie Bârat and bluegrass band, The Harrison Brothers and is part of the wider 'Arts and Minds Festival'. *Little Episodes* will be preceded by the documentary, 'The Devil and Daniel Johnston' and 'The Art of Being Human', a debate chaired by writer and novelist Joanne Limburg.

Visitors to the 'Arts and Minds Festival' will also be able to purchase a copy of the inspirational first *Little Episodes* anthology, 'Back in 5 Minutes'.

Lucie Barât, founder of *Little Episodes*, said: "The 'Arts and Minds Festival' is an opportunity for *Little Episodes* members and performers to engage in the debate around mental health. Events like this promote awareness and destigmatise depression and addiction through the arts.

"*Little Episodes* runs its own social networking site where people can browse creative work produced by *Little Episodes* members and if people sign up, they can contribute their writing, music, performances and artwork."

For more information on *Little Episodes* and the opportunity to join the *Little Episodes* social network, you can visit: <http://www.littleepisodes.org>

Entry is free to the performances by *Little Episodes* though other events may charge a nominal fee. You can find more details on the 'Arts and Minds Festival' at: <http://www.artsandminds.org.uk/>

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Notes to editors

To arrange interviews with Lucie Barât, *Little Episodes* founder contact: press@littleepisodes.org

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